

DOING LAUNDRY THE 'GREEN' WAY

SUGGESTIONS FOR AN ECO-FRIENDLY LAUNDRY EXPERIENCE

LAUNDRY DETERGENT

Brands that are labeled as *ecofriendly*, *clear* or *free* typically do not contain animal ingredients, dyes, brighteners, fragrance & come in recycled packaging.

NOTE: These are not tough stain removing detergents. Some examples:

- Seventh Generation
- Biokleen
- Method Laundry
- Look for words *free* or *clear*

DRYER SHEETS

Use brands that are vegetable or plant derived instead of animal fat and oils.

- Vegan Static Eliminator Dryer Sheets
- Mrs. Meyers Natural Dryer Sheets,
- Softener Infused Dryer Sheets
- Seventh Generation
- Method Infused Dryer Clothes.

WATER TEMPERATURE

Use Hot Water cycle for whites only. Other colors use cold water to save heating energy. *Always follow the clothing manufacturer's recommendation.*

RECYCLE

Almost all detergent bottles and containers are recyclable. Do not throw in trash!

